

About the **Program**

Leading with Emotional Intelligence is a practical, interactive and scientific research based program.

Key Learning Outcomes:

- Learn daily habits that increase productivity, motivation and sales
- Understand how to use stress as a high performance enhancer
- Apply powerful negotiation techniques and conflict resolution skills
- Practice the 6 mindsets of the emotionally intelligent leader



Course Details

DAY ONE		DAY TWO	
45 Minutes	Session One: How Emotionally Intelligent Teams Boost Sales	45 Minutes	Session Four: How to Use Appreciation to Increase Team Motivation
15 Minutes	Break	15 Minutes	Break
45 Minutes	Session Two: The 4 Undervalued Power Habits of Productivity	45 Minutes	Session Five: Conflict Resolution and Powerful Negotiation Techniques
15 Minutes	Break	15 Minutes	Break
45 Minutes	Session Three: How to Make Stress Work in Your Favor	45 Minutes	Session Six: The 6 Styles of Leadership and the Buffalo Attitude
30 Minutes	Q & A	30 Minutes	Q & A
15 Minutes	End of Day One	15 Minutes	End of the course

Fees Inclusive of:



A certificate signed by the trainer



Full course materials



Access to the trainer's slides

About the **Speaker**:

Ricardo Cabete is certified in Emotional Intelligence, Neuro-Linguistic Programming and Coaching, he has also a degree in Applied Mathematics by the Lisbon Faculty of Sciences.

Ricardo became the European Champion of Public Speaking in 2017 and he delivers courses, trainings and keynotes for public in general and top companies around the globe.

My Mission: Share my experiences and knowledge so I can inspire a positive change in people and in the world. With my company Emotion Talks, I do Workshops and Courses on Emotional Intelligence for the public in general and companies all over the world. ... Increase your Emotional Intelligence!





Founder of Emotion Talks -**Emotional Intelligence Training**



European Champion of Public Speaking



Presented in 12 different countries



Keynotes and Trainings in Europe, Asia & North America

Few Organizations Ricardo presented to:



















This course is designed for corporates. Individuals may register separately.



























For registration & inquiries please contact your KAM

